



**Voyages
Terra Natura
Travel**

CROSSING COLOMBIA: FROM THE MOUNTAINS TO THE COAST ROAD CYCLING TOUR

Be prepared for a rush of culture; riding from Bogotá to Cartagena, passing through Medellín, will give you a good perspective of what Colombia is, a mix of cultures, climates, ecosystems, food, music, races, etc. all in one cycling experience to remember. We'll start from Bogotá, cross the Andes to Medellín and then we will head north to the coast, where we will finish our trip in the Caribbean coast to have a well-deserved rest.



35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca

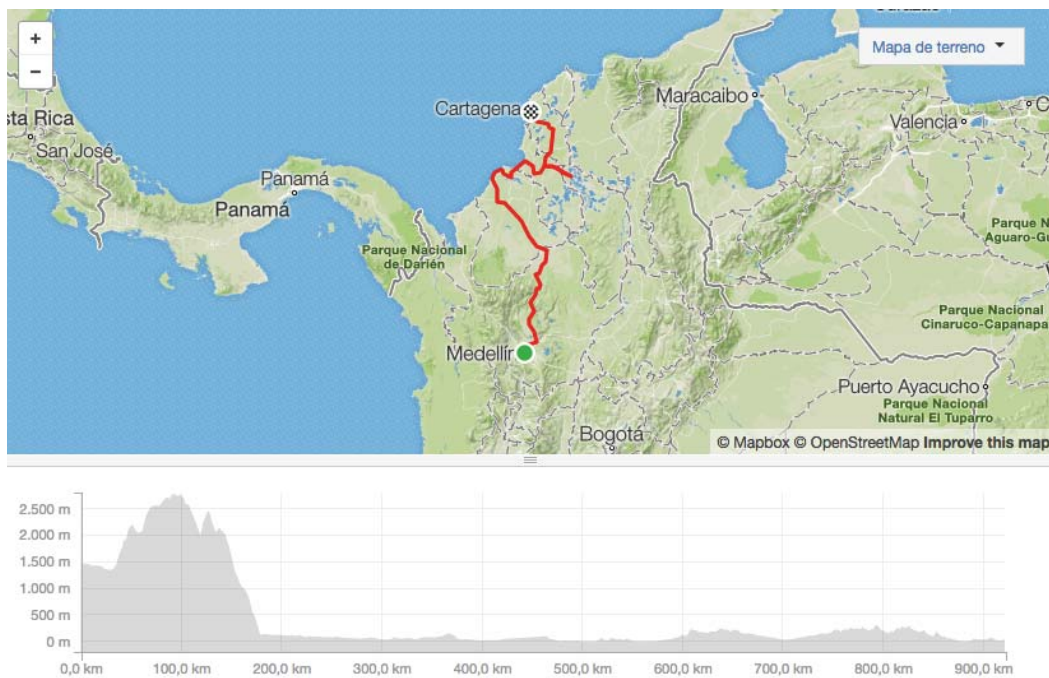


**Voyages
Terra Natura
Travel**

DAYS: 8

DISTANCE: 1.321,8 kms / 821,3 miles

MAP: <https://www.strava.com/routes/7880527>



DESCRIPTION

Going from the mountains of the center of the country at 2600m to the flat lands of the coast at sea level, we will ride across all the ecosystems and we will experience all types of climates in Colombia. But all of these geographic changes don't come alone; this brings a whole bunch of differences between cultures, races, food, clothes, music and many other things that make Colombia an incredible multicultural country.

This tour is mainly a flat tour with a couple of mountain stages at the beginning, after we enter to the coast the terrain is going to be flat, but the weather is going to be very hot.

35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca



**Voyages
Terra Natura
Travel**

Day 1: Arrival to Medellín

- *Pick up at the Airport and transfer to Diez Hotel (<http://www.diezhotel.com/>)*
- *Lunch if arrive before noon*
- *Short city tour around the hotel area depending on time of arrival*

Medellín is one of the most beautiful and modern cities of Colombia, a role model for other cities taking into account that was the most affected city during the violence periods on the 80's and 90's, now Medellín is one of the most developed cities, in 2013 Medellín was named the most innovative city in the world in the Wall Street Journal's City of the Year Contest.





**Voyages
Terra Natura
Travel**

Day 2: Medellín – Yarumal – 109,3kms / 67,9 miles

- **8:00am:** Start the ride

<https://www.strava.com/routes/5547085>



- **Accommodation:** Hotel Plaza Hostal (<http://www.hotelplazahostal.com/>)



35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca

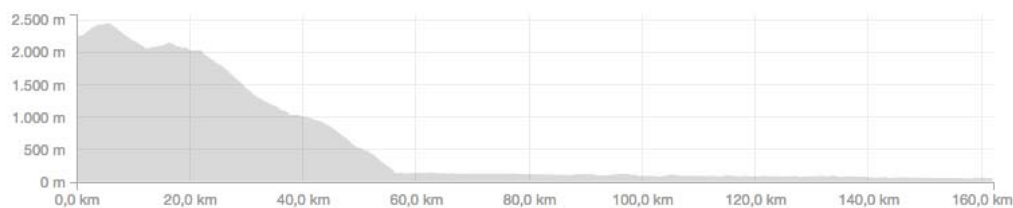


**Voyages
Terra Natura
Travel**

Day 3: Yarumal – Cucasia – 162,1kms / 100,7 miles

- **8:00am:** Start the ride

<https://www.strava.com/routes/5547115>



- **About the ride:**

We have passed the mountains and now we are entering to the coastal region, but don't let the flat terrain fool you, we are going to be riding at very high temperatures here around 35°C. Prepare to see a complete different landscape and a complete different culture, you will definitely enjoy this region.

- **Accommodation:** Hotel Caucasía (<http://www.hotelcaucasia.com/>)

35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca



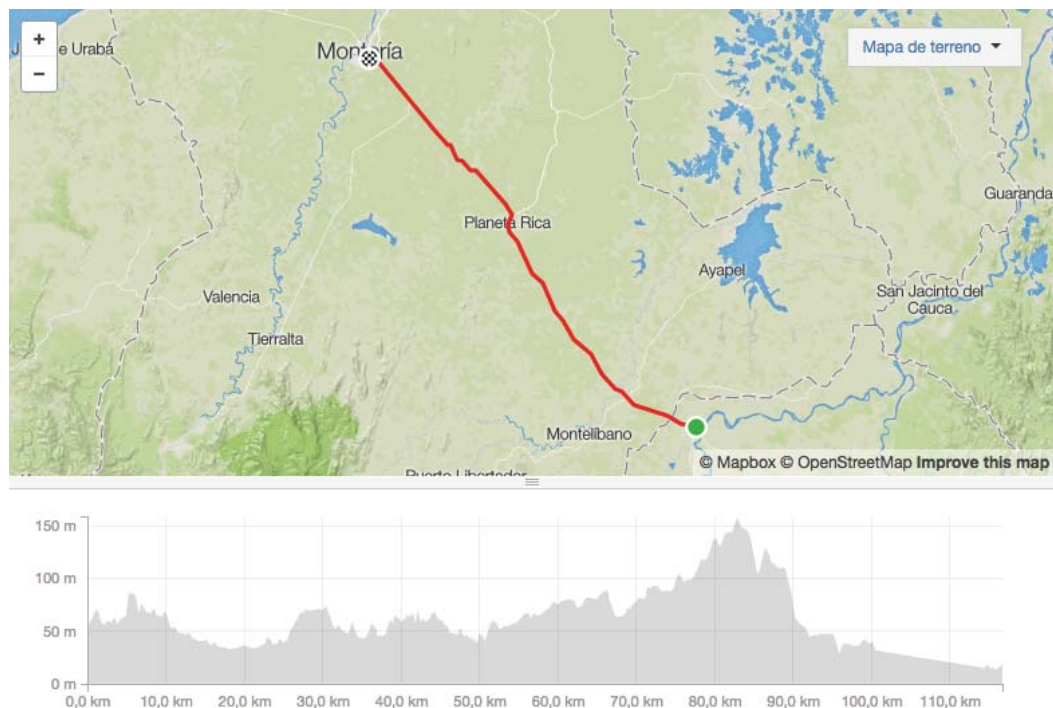
**Voyages
Terra Natura
Travel**

Day 4: Cucasia – Montería – 116,7kms / 72,5 miles



- **8:00am:** Start the ride

<https://www.strava.com/routes/5547170>



- **About the ride:**

We will arrive to the capital of Córdoba on the banks of the Sinú River; where most of its economy depends on livestock, so we will see wide fields of cattle, a beautiful contrast with what we have been seeing so far.

35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca



**Voyages
Terra Natura
Travel**

After having lunch in Montería, we will drive to San Bernardo del Viento to enjoy our first and well-deserved day on the beach.

- **Accommodation:** Los Tambos del Caribe
(<http://www.lostambosdelcaribe.hoteles/>)

Day 5: Tolú – Magangué – 130,7kms / 81,2 miles

- **7:00am:** Pick-up at hotel; coastal drive to Tolú for about hour and a half
- **8:00am:** Start the ride

<https://www.strava.com/routes/6938152>



35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca



**Voyages
Terra Natura
Travel**

- **About Magangué:**

Magangué is a town located Magdalena riverbank, is called the "Capital of rivers" since in this part of the country, rivers Cauca and San Jorge flow into Magdalena River. Magangué is also located in the region with the largest number of marshes of the country and is the connecting point to one of the most beautiful destination towns of Colombia, Santa Cruz de Mompox. In Magangué we will take a ferry to land in Mompox where we are going to spend the night.

- **About Mompox:**

Declared National Monument in 1959 and UNESCO World Heritage in 1995, Mompox was founded in 1540 and preserves most of its original architecture; this town is also part of the Colombia Heritage Towns.

- **Accommodation:** Bioma Hotel (<http://www.bioma.co/home>)



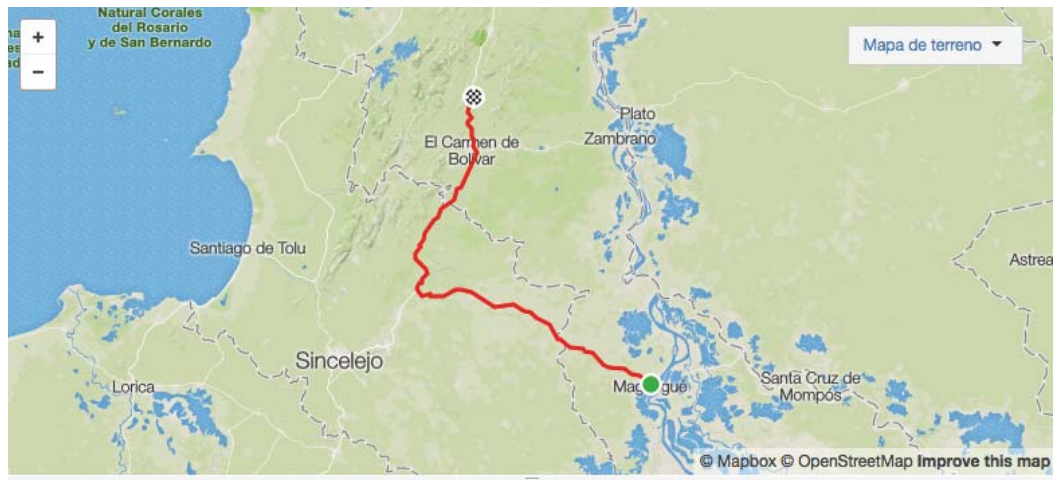


**Voyages
Terra Natura
Travel**

Day 6: Magangué – San Jacinto – 118,2kms / 73,4 miles

- **8:00am:** Start the ride

<https://www.strava.com/routes/6938167>



- **About the ride:**

By now you should be already in love with the coast region and with the entire country, but we still have a bit to go and we left the best for last. So in Mompox we will take the ferry back to Magangué in the morning to head towards Cartagena, with one more stop first, San Jacinto

35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca



**Voyages
Terra Natura
Travel**

- **About San Jacinto:**

San Jacinto is famous for its craftwork, where its artisans specialize in weaving, here you can find some of the best hammocks, bags or rugs of the country. Colorful fabrics full of life and the majority of them hand-made make most of their work unique. San Jacinto is also an important musical spot, every year musicians get together for the San Jacinto Native Flute Festival, which tries to keep the musical traditions of the region.

- **Accommodation:** *Hotel La Hamaca Grande*



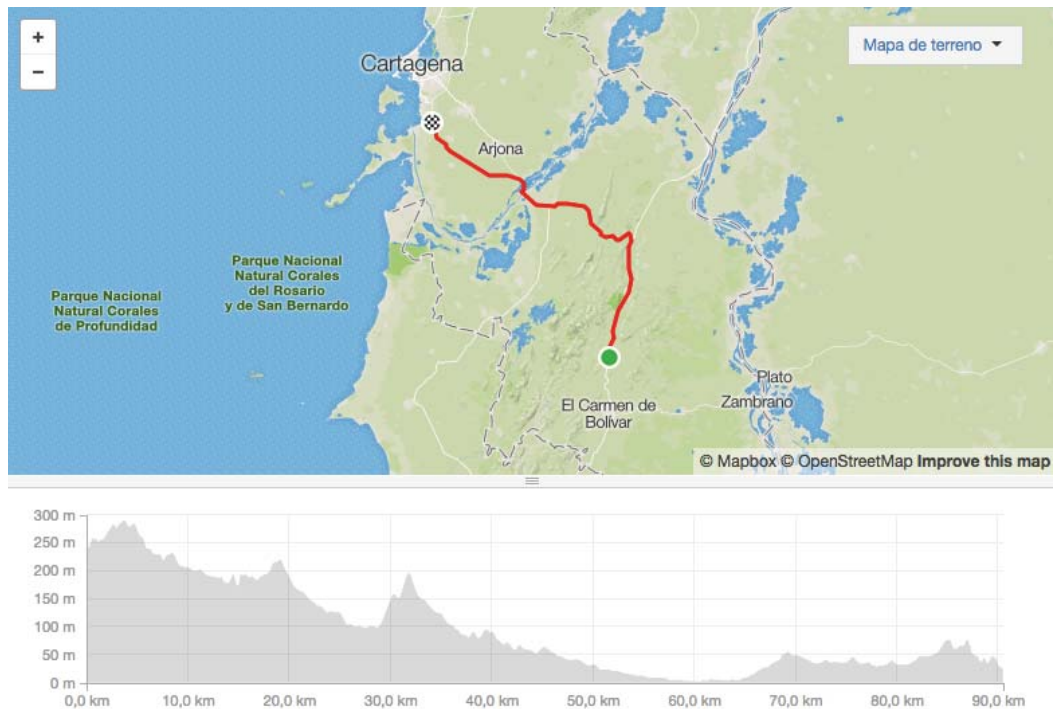


**Voyages
Terra Natura
Travel**

Day 7: San Jacinto – Cartagena – 90,5kms / 56,2 miles

- **8:00am:** Start the ride

<https://www.strava.com/routes/6938187>



- **About the ride:**

We have made it to our last stage, where we will be entering triumphantly to Cartagena, one of the most beautiful and historical cities of Colombia.

- **About Cartagena:**



35 RUE GAMELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4
TELEPHONE: 819-595-1115 FAXIMILE: 819-595-1110
info@voyagesterranatura.ca - www.voyagesterranatura.ca



**Voyages
Terra Natura
Travel**

Declared UNESCO World Heritage, Cartagena is one of the most beautiful cities of Colombia. Walk through its streets and architecture and discover all the history hidden in the walled city, learn why is called the Heroic City. Enjoy the different plazas, restaurants, cafes and bars and don't miss the paradisiac Rosario Islands.

- Accommodation: Hotel Armería Real (<http://www.armeriarealhotel.com/>)

Day 8: Transfer to airport

What's Included	What's not Included
<ul style="list-style-type: none"> • Pick up at hotel • All meals • Accommodation 4* • Specified activities • Hydration • Snacks • Water Bottle • Cycle Jersey • Companion car • Spare tubes • Assistance during the tour • Shuttle back to hotel • Bike transportation to Bogotá after the tour 	<ul style="list-style-type: none"> • Bicycle • Bike Rental: \$40.00 USD per cycling day • Bicycle assembly • Bicycle assembly: \$50,00 USD per bicycle • Airfare and transportation to and from the trip pick-up/drop-off locations • Alcoholic beverages • Activities not specified

* Suggested hotels are subject to availability, in any case, hotels of the same level will be chosen.