



ANDES TRAIL FROM WEST TO EAST (11 days)

380km by mountain bike climbing to the top of the Colombian Andes at 4,300 meters high, challenging riding from the western slope in the Cocora Valley to the Magdalena River Valley on the eastern slope located 495 meters above sea level.



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**Voyages
Terra Natura
Travel**

35 RUE GAGELIN, SUITE 7, GATINEAU, QUEBEC, J8Y 1V4

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Manizales
Colombia
Suramérica

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days: 11

Activity level: 7

People: 1-10

HIGHLIGHTS:

- ✓ Cross the Central Andes from the western slope to the Magdalena River Valley on the eastern slope.
- ✓ Cocora Valley, Otún Quimbaya Fauna and Flora Sanctuary, Panoramic views of the Otún Lagoon, Paramillo del Cisne, Nevado Santa Isabel and Ruiz volcanoes.
- ✓ Enjoy hot springs in different areas.
- ✓ Observe the influence of volcanic activity in the constitution of the landscape.
- ✓ Discover regional culture by traveling through its towns: Salento, Santa Rosa, Manizales, Murillo, Líbano, Mariquita.

WHAT'S INCLUDED:

Bicycle guide for the entirety of the trip
Support vehicle for the entirety of the trip
Guided tours in each town
Specialized adventure insurance policy
Continuous hydration
Ground transfers to and from the airport in Pereira
10 nights of lodging (2 nights in a farm house, 3 nights in basic rural hotels, 5 nights in hotels standard accommodation)
Full board
Optional bicycle and helmet
Optional mechanic for the entirety of the trip



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KUMANDAY

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ITINERARIO

Day 1: Transfer airport in Pereira-Salento

Day 2: Tour from Salento to the Patasola Reserve ending with a beautiful panoramic view of the Cocora Valley.

Day 3: Journey from Salento to the Otún Quimbaya Fauna and Flora Sanctuary.

Day 4: Climb from the Otún Quimbaya Fauna and Flora Sanctuary to the Municipality of Santa Rosa, tour of the village and transfer to the San Vicente Hot Springs.

Day 5: Climb from the San Vicente Hot Springs to the southern zone of the Los Nevados National Natural Park in a sector known as Potosí.

Day 6: Tour from Potosí to the Otún Lagoon, the largest water mirror in this natural park and source of the Otún River, the tour ends in Hacienda La Quinta Hot Springs.

Day 7: Rest morning at La Quinta Hot Springs (optional walk to waterfalls)- Descent by bike to Manizales.

Day 8: Climb from Manizales to the El Ruiz Hot Springs Hotel located at 3,600 m.a.s.l.

Day 9: Tour from El Ruiz Hot Springs to the Valley of the Tombs located at 4,300 m.a.s.l. in Los Nevados National Natural Park. Descent to the village of Murillo.

Day 10: Descent from Murillo to the vanished town of Armero, a community entombed by the eruption of the Nevado del Ruiz Volcano in 1985. Tour finalizes in the community of Mariquita.

Day 11: Transfer Mariquita – Manizales – Transfer to the airport in Pereira (Optional climb to the Alto de Letras, recognized on a global level like one of the most difficult climbs)



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